the subliminal urge, mistakenly described as unconscious or subconscious, have not been properly studied except in regard to unusual and unorganised manifestations and to certain morbidly abnormal phenomena of the diseased human mind; but if we pursue our observation far enough, we shall find that the cognition and will or impulsive force of the inner being really stand behind the whole conscious becoming; the latter represents only that part of its secret endeavour and achievement which rises successfully to the surface of our life. To know our inner being is the first step towards a real self-knowledge.

If we undertake this self-discovery and enlarge our knowledge of the subliminal self, so conceiving it as to include in it our lower subconscient and upper superconscient ends, we shall discover that it is really this which provides the whole material of our apparent being and that our perceptions, our memories, our effectuations of will and intelligence are only a selection from its perceptions, memories, activities and relations of will and intelligence; our very ego is only a minor and superficial formulation of its self-consciousness and self-experience. It is,

as it were, the urgent sea out of which the waves of
our conscious becoming arise. But what are its
limits? how far does it extend? what is its funda-
mental nature? Ordinarily, we speak of a subcon-
scious existence and include in this term all that is
not on the waking. surface. But the whole or the
greater part of the inner or subliminal self can